

Abstract

Title of proposed project	Diet supervisor for the school Acronyms DIET SUPERSCHOOL
Call	LLP
Funding programme	Leonardo programme
Funding instrument	
Deadline of the call	31 January 2013
Deadline for the answer	18 December 2012
Background	<p>The project wants to propose a curriculum for personnel with secondary diploma who will be able to check the diet in the maternal, elementary and secondary school, to ensure that food preparation occur correctly in accordance with the established menu for age and physiological/pathological condition and provides advice for their proper implementation.</p> <p>In fact the nutrition education for young children and young boys is actually considered a big problem in all Europe due to the increase of obesity and other metabolic diseases linked to inadequate diet.</p> <p>Many guidelines are prepared by the Health Ministry's suggesting nutrition education model and eventual relationship with the family in order to reach correct food habits from the beginning of life avoiding many pathological consequence in the future life.</p> <p>It has been observed an increase in obesity in young people with chance of diabetic and cardiovascular disease appearance which also will represent in the future a big cost for the health. Therefore all health units are concerned and tried to organize with the assistance of food experts the diet in the school and on the same time to provide a series of information to the teacher in order to educate the students. The preparation of food is in general made by external restoration cooperative, without specific control unless the hygienic aspects.</p> <p>As a consequence the nutrition education and treatment is fragmented and depends mainly by the interest of the teachers, the school and the responsibility of the personnel who must prepare food.</p>
Objectives of the project idea	<p>In order to create a more homogeneous treatments and to overcome the problem which interests the Health Ministry and the Education Ministry, we intend to prepare the technicians who can act controlling the food preparation and advises for their proper implementation in order to have in all over Europe a more homogeneous treatment linked to specialized persons and not to the voluntary of single teacher or school.</p> <p>To this end we intend to prepare a curriculum of one year course for students with secondary degree.</p> <p>The curriculum must include:</p> <ol style="list-style-type: none"> 1) fundamental information of nutrition with particular reference to children from 4 years old to 10 and young people from 10 to 15 years; 2) the preparation of foods and how to program it week by week in order to obtain a complete diet; 3) some basic knowledge of pediatric diseases with particular attention to the intolerance and allergies for which special diet must be prepared; 4) knowledge of social and religious habit in order to advise diet compatible with them; 5) psychological formation in order to be able to interact not only with the students, but also with the families; 6) knowledge of different habits in the different European countries.
Results and outcomes	<p>Creation and description of curriculum for technicians expert in the school food supervision</p> <p>Meeting at international level including Health Authority in order to overcome the pathological consequence of unhealthy food habits.</p> <p>Preparation of leaflets with the aim to educate the family.</p> <p>Local meeting in the schools in order to promote in the school and in the family the advantage for the children health of a correct food habits.</p> <p>Diffusion of these information through Media and Newspaper.</p> <p>Creation of an apposite web-site linked to Facebook and Twitter.</p>
Expected impact	<p>The proposed curriculum will have significant expected impact at technological and social/economic level:</p> <ul style="list-style-type: none"> • Create a new professional figure • Provide to solve the problem of controlled alimentation in the school

	<ul style="list-style-type: none"> • Provide to reduce the obesity and other metabolic diseases; • Provide to reduce the cost of health with positive impact on the economy • Contribute to a general nutrition education • Cooperate to diffuse these habits at European level <p>The social and economic impact the project intends to produce the following advantages:</p> <ul style="list-style-type: none"> • Creation of a best nutrition education in young people which will continue during its life. • Reduction of the appearance of metabolic diseases with a reduction of health cost. • Creation of an homogeneous of dietary rules in the schools. • Impact on the social eating habit especially concerning children education • Influence on the Health assistance units and Ministry's which will have an easy control of this sector. • Increase of knowledge and competences of restoration organization.
Partner consortium	
Target Group	Students with secondary Diploma, schools of first and second level, Health authorities, Doctors and psychologists, operators in restoration.
Type of partners we are looking for and their expected roles in the project	Experts in food with particular attention to children and young students. Local authorities.
Foreseen duration	24 months
Financial aspects - EC contribution - EC co-funding rate - Foreseen project budget	400.000 300.0000 100.000
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